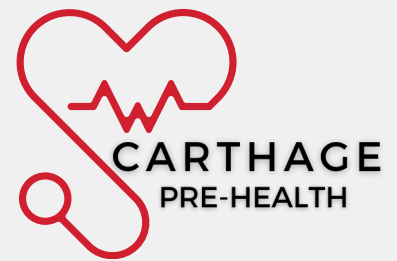


PRE-HEALTH NEWSLETTER

November 2023 / Vol. 03



Graduate Entrance Examinations

Attending graduate school is a necessary step for some pre-health students as they work toward their chosen profession. But before being admitted, grad school hopefuls will likely need to pass one of several graduate school entrance exams. The entrance exams for the following programs are may be necessary to take. . .



MCAT: medical (MD/DO)

DAT: dental

OAT: optometry



GRE: physical therapy, occupational therapy, physician assistant, etc.

Here are some tips we suggest you adopt as you begin your entrance exam taking journey.

1. **Find out what is required.** It is important that you find out exactly what is required of you regarding these tests. Some programs may not require an entrance exam, some may require multiple. Do your research on the school you want to apply to.
2. **Avoid cramming.** Many of these tests require months of studying and preparation. Create a study plan and follow through.
3. **Take a practice test before you begin studying.** This is a great strategy to determine the components of the examination you may need to focus more on than others. Sign up for our practice entrance exam day on November 11th.

Pre-health Students on Break

Although break might seem far off in the distance, thanksgiving and holiday break are right around the corner. These breaks are awesome times to get in some shadowing! Not sure how to get shadowing?? Check out these useful resources to help you be prepared for shadowing and get the most out of your experience.

- **HIPAA Training:** This is a 30 minute training designed to help you learn the laws of HIPAA. Having this knowledge will make practitioners more likely to have you as a shadow.
- **Pre-Health Shadowing Information Session:** Not sure who to shadow or how to find shadowing? Check out this How-To guide to get shadowing experience.
- **Pre-Health Shadowing Log:** Use this document to track hours and shadowing details. Make sure to add detailed observations! Already have a document tracking shadowing?? Upload it into your MAP!

UPCOMING EVENTS

Practice Entrance Exam Day

November 11 at 9:00 AM in Neimann Theater

Not sure where to start studying for your graduate school entrance exam? Come to take a full practice test for the MCAT, DAT, GRE or OAT. [RSVP Here.](#)

Personal Statement Workshop

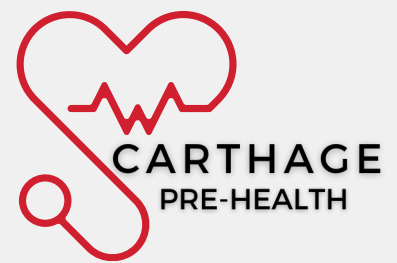
December 4th-Introduction Meeting: Location TBD

Are you applying this cycle to graduate school?? Attend the Personal Statement workshop series, which is designed to help you draft your personal statement by early spring. RSVP link coming soon!



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Are you applying this upcoming cycle?? *Join the Personal Statement Workshop!*

What is a Personal Statement??

A personal statement is an essay written for admissions to a graduate program. The goal of this statement is to communicate to your program **WHY** you are interested in that profession and **HOW** your personal journey has led you there.

When should I write my Personal Statement?

Obviously you need to write your personal statement **BEFORE** starting your application. However, you will also need to ask for letters of recommendation several months prior to submitting your application and **it is beneficial to give your letter writers your personal statement**. Therefore, you should ideally have your personal statement drafted by mid-spring before your application cycle.



Personal Statement Workshop

December 4th @ 4 PM- Info Session and overview of brainstorming assignments
January

During J-term- Several in person sessions designed to work on getting feedback throughout the drafting process.

Not on campus during Jterm??

No worries- you can still participate in the brainstorming and we will run some additional sessions in early February for accountability checks.

UPCOMING CAREER CONVERSATIONS:

- **Meet the Physician: Surgeon-** HPW Virtual conversation with a Panel of Surgeons. November 9 @ 6 PM CST. [Register Here](#).



Follow @Healthprofweek on Instagram for more opportunities.

Come to Intro to Health Professions in HL 172 at 10:30 to hear about the following careers:

- **Friday, November 3- Chiropractor**
- **Monday, November 6- Public Health**
- **Wednesday, November 8- Pharmacy**

PRE-OCCUPATIONAL THERAPY CLUB



A recent sensory service project for Occupational Therapy Day!

Upcoming Meetings:

- Thursdays @ 9 PM in HL 172

Why should you join??

Pre-Occupational Therapy Club is for any student who is pre-OT or interested in learning more about OT. They focus on service projects, grad school prep and networking with current occupational therapists.